



Digging Deep with Cynthia Brian

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Feng Shui

Home office tips for the home-bound worker

By Michele Duffy, BTB M.F.S.



Photo provided

With the shelter-in-place orders still in effect and many of us working remotely from home, it's a perfect time to conduct a Feng Shui audit on the home office during this 2020 Metal Rat/Iron Mouse year.

Releasing feeling stuck in any office is always a relief for my clients. Proven Feng Shui recommendations on everything from desk placement, art arrangement, lighting and color, all affect our creativity, productivity and resilience with our life's work. We might do well to fashion our work spaces as if we were able to closely mimic the experience of being in the middle of a forest, at the ocean, or on top of a mountain, with the Five Elements seamlessly incorporated into the design, by a seasoned professional.

Below are some positive home office Feng Shui tips:

- Remove all reminders of "Home" to include only one family or spouse photo;
- Place a fish aquarium, or a lovely sounding tabletop fountain in the home office Career Bagua area to activate vital cash-flow and career success;
- Paint the walls a stronger, more lively hue of the color to help keep you alert and awake;
- Place a new white or clear crystal on top of your desk, and also, a round one hung from the ceiling directly over your head to promote clear thinking and focus and general well-being of the state of the business;
- Place your company's logo prominently on the wall you face at your desk;
- Place photos or paintings of the other Five Elements or natural elements on the office walls, for example, waterfalls, sunrises over landscape or ocean, mountains, and sky.
- Sit in the corner farthest from the entrance to the room to have a "command" position, and do your best face the door from your desk chair;
- Keep your back toward a corner or a wall for support. If a post protrudes from the corner or wall, correct it by covering it with floor-to-ceiling mirrors or hanging a coin-shaped leaved plant's draping foliage;
- Sit with a tall building behind you to provide the support of a "mountain" if your back is to a window; ... continued on Page D4